ASRockind Technical Reference - Q&A

Question	Is it possible to wake up motherboard regularly at specific time? How do I adjust it?
Release date	2020/5/01
Product	All models
FAQ type	☐ Specification ☐ OS & Driver ☑ Application ☐ BIOS/FW ☐ Others

Answer:

The BIOS of ASRock industrial motherboard is able to setup the [RTC Alarm Power On].

Please enable [RTC Alarm Power On] under BIOS to set the regular wake up time.

(Path: BIOS > Advanced > ACPI Configuration > RTC Alarm Power On)

After enabling the BIOS option, you can setup the specific time to wake up the M/B.